

GRAVITATIONAL WAVES FROM REHEATING AFTER INFLATION

An (Observable?) Signature from Inflation

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ASTROPHYSICAL TESTs of FUNDAMENTAL PHYSICS

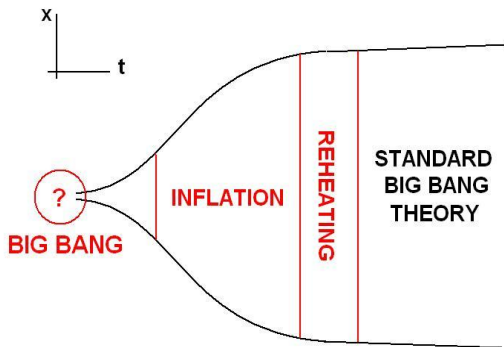
CAUP (Porto, Portugal), 27-29 March 2008

PUBLICATIONS

- Khlebnikov, Tkachev: [hep-ph/9701423](#) (PRD)
- Easter, Lim: [astro-ph/0601617](#) (JCAP)
- García-Bellido, Figueroa: [astro-ph/0701014](#) (PRL)
- García-Bellido, Figueroa, Sastre: [0707.0839 \[hep-ph\]](#) (PRD)
- Dufaux, Bergman, Felder, Kofman, Uzan: [0707.0875 \[astro-ph\]](#) (PRD)
- Easter, Lim, Giblin: [astro-ph/0612294](#) (PRL)
- Easter, Lim, Giblin: [astro-ph/0712.2991](#)
- García-Bellido, Figueroa [0801.4109 \[gr-qc\]](#) (Proceedings of JGRG17)
- Dufaux, Felder, Figueroa, García-Bellido, Kofman, Uzan [0804.XXX \[astro-ph\]](#) (WORK IN PROGRESS...)

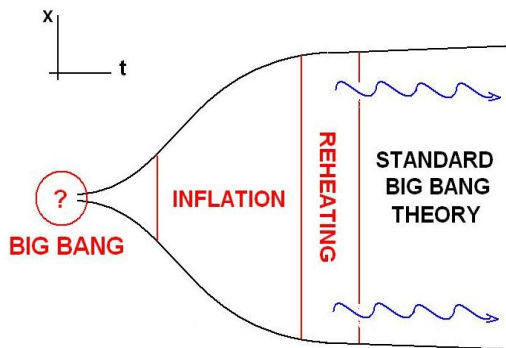
PHYSICAL CONTEXT: AIM of this RESEARCH

INFLATION → **REHEATING** → BIG BANG THEORY



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BASICs of REHEATING

1 Init. Cond. REHEATING:

$t = 0$: NO particles (Empty space),
ONLY inflaton zero-mode or Vacuum energy

2 Theory of REHEATING:

$0 < t < t_{RH}$: $\mathcal{L} = \mathcal{L}(\phi, \varphi_i, \psi_j, A_\mu, h_{\mu\nu}, \dots)$

3 Physics of REHEATING: SCALAR SECTORS

$V = V(\phi) + \frac{1}{2}g^2\phi^2\chi^2 + V(\chi)$ (Chaotic, Hybrid models)

QFT in a FRW : $\mathbf{k}_i \pm \Delta\mathbf{k}_i \rightarrow \varphi_k(t), n_k(t) \sim \exp\{\mu_k t\}$

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SCALAR REHEATING (Examples)

$$V(\phi, \chi) = \frac{1}{2}\mu^2\phi^2 + \frac{1}{2}m_\chi^2\chi^2 + \frac{1}{2}g^2\phi^2\chi^2 \quad (\text{Massive Chaotic})$$

$$V(\phi, \chi) = \frac{1}{4}\lambda\phi^4 + \frac{1}{2}m_\chi^2\chi^2 + \frac{1}{2}g^2\phi^2\chi^2 \quad (\text{Massless Chaotic})$$

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$$\left\{ \begin{array}{l} \ddot{\phi}(t) + V'(\phi) = 0 \quad (\text{Oscillations of Inflaton Zero - Mode : } \Phi \downarrow\downarrow) \\ \square\phi_k + \langle V'' \rangle \phi_k = 0 \\ \square\chi_k + \langle V'' \rangle \chi_k = 0 \quad (\square \equiv \partial_{tt} + 3H\partial_t + \frac{k^2}{a^2}) \end{array} \right.$$

DYNAMICS: Non-Linear, Non-Perturbative and Far-From-Equilibrium

Reheating in Chaotic Scenarios: PARAMETRIC RESONANCE

$$\left. \begin{aligned} \text{Massless : } X_k'' + (\kappa^2 + \frac{g^2}{\lambda} cn^2(z)) X_k &= 0 \quad (\text{Lamé Eq.}) \\ \text{Massive : } X_k'' + (A_k - 2q \cos(2z)) X_k &= 0 \quad (\text{Mathieu Eq.}) \\ q = g^2 \Phi^2 / (2\mu)^2, \quad A_k = (k/a)^2 / \mu^2 + 2q & \end{aligned} \right\} \begin{aligned} X_k &\sim e^{\mu_k t} \\ n_k &\sim e^{\mu_k t} \end{aligned}$$

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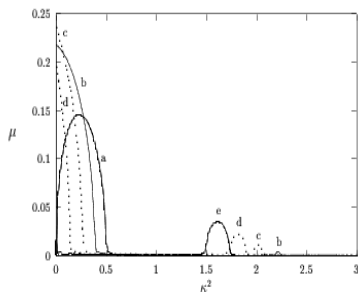
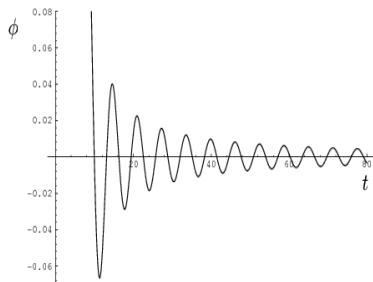
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Chaotic Inflation (KLS94, GKLS97)



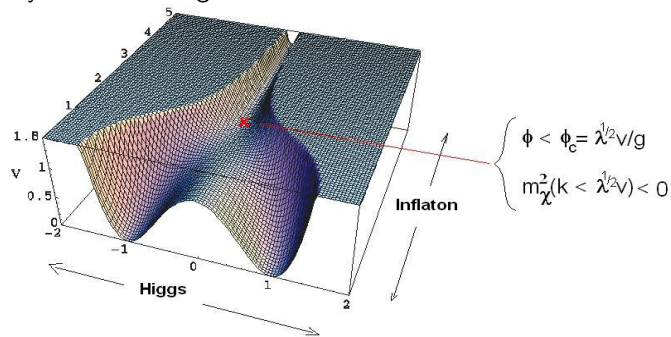
Reheating in Hybrid Scenarios: SPINODAL INSTABILITY

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Hybrid Preheating



EXPECTATION: REHEATING \Rightarrow GW

1 Physics of GW:

$$h_{ij} \simeq \frac{G}{c^4} \frac{\ddot{Q}_{ij}}{r} \sim M \frac{G}{c^4} \frac{\langle v^2 \rangle}{r}, \quad Q_{ij} = \int d^3x (x_i x_j - x^2 \delta_{ij}) \rho$$

2 GW Sources:

$$M, v \uparrow \uparrow \Rightarrow h_{ij} \uparrow \uparrow \begin{cases} \text{Astrophysics : } M \uparrow \uparrow, v \uparrow \uparrow \\ \text{Early Universe : } \Delta\rho \uparrow \uparrow, v \uparrow \uparrow \end{cases}$$

3 Physics of REHEATING: $\ddot{\varphi}_k + \omega^2(k, t)\varphi_k = 0$

$$\begin{cases} \text{Spinodal Instability : } \omega^2 = k^2 + m^2(1 - At) < 0 & \text{(Tachyonic)} \\ \text{Parametric Resonance : } \omega^2 = k^2 + \Phi(t) \sin^2 \mu t & \text{(Periodic)} \end{cases}$$

At \mathbf{k}_i : $\varphi_{k_i}, n_{k_i} \sim e^{\mu(k)t} \Rightarrow$ Inhomogeneities: $L_i, v \uparrow \uparrow$

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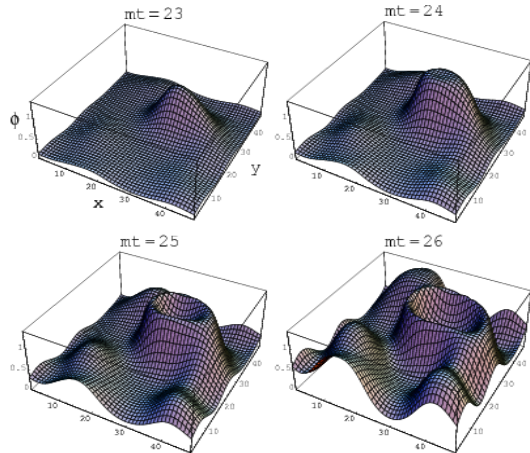
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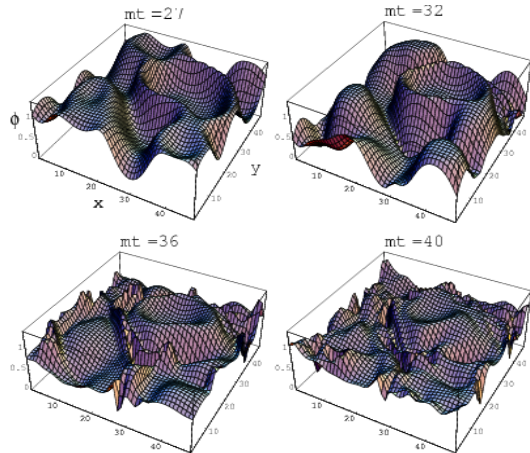
Reheating in the Hybrid Scenarios (Pictorially)

G-B,GA,GP 2002: $\lambda \approx .01$, $V \approx .001$, $v = 10^{-3} M_p$



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Lattice Simulations: Dynamics

- Scalars ($n_k \gg 1$): $\square\phi + V_{,\phi} = 0, \square\chi_a + V_{,\chi_a} = 0$

Semi-classical regime $\pi_k \approx \kappa\phi_k + \dots$ (**Squeezed States**)

- FRW: $H^2 = \frac{8\pi}{3}\rho, \quad \frac{\ddot{a}}{a} = -\frac{4\pi}{3}(\rho + 3p), \quad \left\{ \begin{array}{l} \rho = \langle \rho_\phi + \rho_{A_\mu} + \dots \rangle \\ p = \langle p_\phi + p_{A_\mu} + \dots \rangle \end{array} \right.$
- GW: $\ddot{h}_{ij} + 3H\dot{h}_{ij} - \frac{1}{a^2}\nabla^2 h_{ij} = 16\pi\Pi_{ij}^{\text{TT}}, \quad \Pi_{ij} = T_{ij} - \langle T_{ij} \rangle_{\text{FRW}}$

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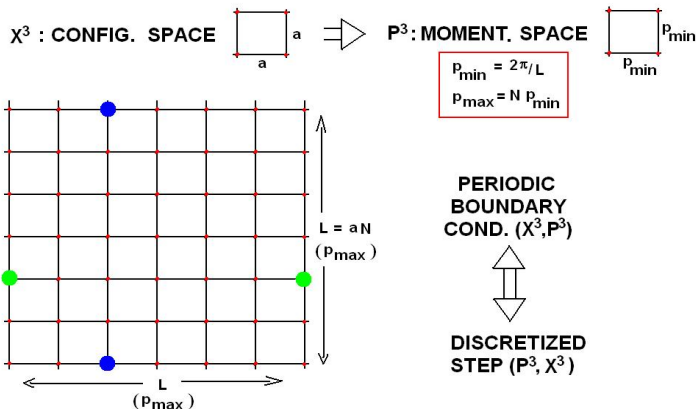
$$ds^2 = a^2(-d\eta^2 + (\delta_{ij} + h_{ij})dx^i dx^j), \quad \text{TT} : \left\{ \begin{array}{l} h_{ii} = 0 \\ h_{ij,j} = 0 \end{array} \right.$$

Only TT dof carry energy out of the source!!!

Lattice Simulations: Numerics

$$\partial_{\mu} O(x) \rightarrow (O(x + \mu) - O(x - \mu))/2a_{\mu}$$

$$\partial_{\mu} \partial_{\mu} O(x) \rightarrow (O(x + 2\mu) + O(x - 2\mu) - 2O(x))/4a_{\mu}^2$$



GW extraction (I)

Scalar Source (Configuration Space):

$$\ddot{h}_{ij}(\mathbf{x}, t) + 3H\dot{h}_{ij}(\mathbf{x}, t) - \frac{1}{a^2}\nabla^2 h_{ij}(\mathbf{x}, t) = \frac{16\pi}{a^2} \text{TT} \{ \nabla_l \phi^a \nabla_m \phi^a \} (\mathbf{x}, t)$$

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Scalar Source (Fourier):

$$\ddot{h}_{ij}(\mathbf{k}, t) + 3H\dot{h}_{ij}(\mathbf{k}, t) + \frac{k^2}{a^2} h_{ij}(\mathbf{k}, t) = 16\pi \Lambda_{ij,lm}(\hat{\mathbf{k}}) \{ \nabla_l \phi^a \nabla_m \phi^a \} (\mathbf{k}, t)$$

$$\Lambda_{ij,lm} = P_{il}P_{jm} - \frac{1}{2}P_{ij}P_{lm}, \quad P_{ij} = \delta_{ij} - k_i k_j / k^2$$

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Solution: ($h_{ij}(t_0) = \dot{h}_{ij}(t_0) = 0$)

$$h_{ij}(\mathbf{k}, t) = \Lambda_{ij,lm}(\hat{\mathbf{k}}) \int_{t_0}^t dt' G(t-t') \Pi_{lm}^{\text{eff}}(\mathbf{k}, t'), \quad \Pi_{lm}^{\text{eff}} = \nabla_l \phi \nabla_m \phi$$

GW extraction (II)

Building the Solution:

1) Non-Physical eq.:

$$\ddot{u}_{ij}(\mathbf{x}, t) + 3H\dot{u}_{ij}(\mathbf{x}, t) - \frac{\nabla^2}{a^2}u_{ij}(\mathbf{x}, t) = 16\pi \{ \phi^a_{,i} \phi^a_{,j} \}(\mathbf{x}, t)$$

2) Fourier transform: $u_{ij}(\mathbf{x}, t) \rightarrow u_{ij}(\mathbf{k}, t)$

3) Projection: $h_{ij}(\mathbf{k}, t) = \Lambda_{ij,lm}(\hat{\mathbf{k}})u_{lm}(\mathbf{k}, t)$

GW extraction (II)

Outputs: $\rho_{GW} = \frac{1}{32\pi G} \frac{1}{L^3} \int d^3\mathbf{x} \dot{h}_{ij} \dot{h}_{ij} = \frac{1}{32\pi G} \frac{1}{L^3} \int d^3\mathbf{k} |\dot{h}_{ij}(t, \mathbf{k})|^2$

1) Total GW density:

$$\rho_{GW} = \frac{1}{32\pi G L^3} \times \int k^2 dk \int d\Omega \Lambda_{ij,lm}(\hat{\mathbf{k}}) \dot{u}_{ij}(t, \mathbf{k}) \dot{u}_{lm}^*(t, \mathbf{k})$$

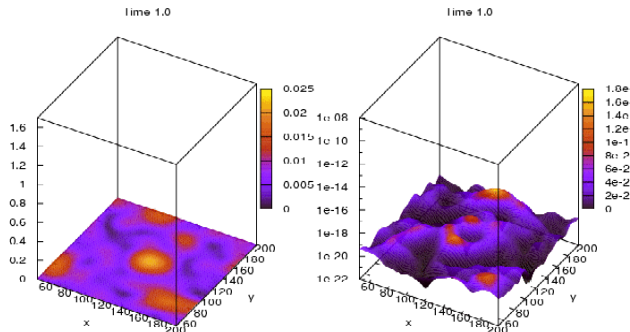
2) Spectrum: $\frac{d\rho}{d\log k} = \frac{1}{8GL^3} k^3 \left\langle \Lambda_{ij,lm}(\hat{\mathbf{k}}) \dot{u}_{ij}(t, \mathbf{k}) \dot{u}_{lm}^*(t, \mathbf{k}) \right\rangle_{4\pi}$

3) Snapshots: $h_{ij}(t, \mathbf{x}) = (2\pi)^{-3/2} \int d^3k e^{-i\mathbf{k}\mathbf{x}} \Lambda_{ij,lm}(\hat{\mathbf{k}}) u_{lm}(t, \mathbf{k})$

Results for Hybrid Reheating (Part I)

$$g^2 = 2\lambda = .25, \quad v = 10^{-3} M_p, \quad V = .024(\phi_c \sqrt{\lambda} v)$$

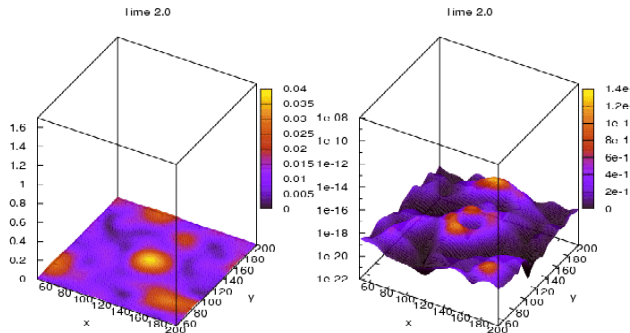
Bubble Nucleation and Collisions



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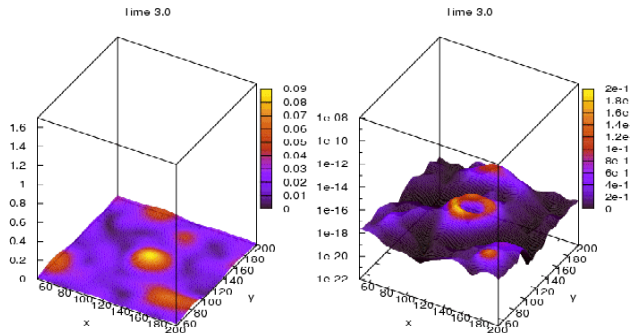
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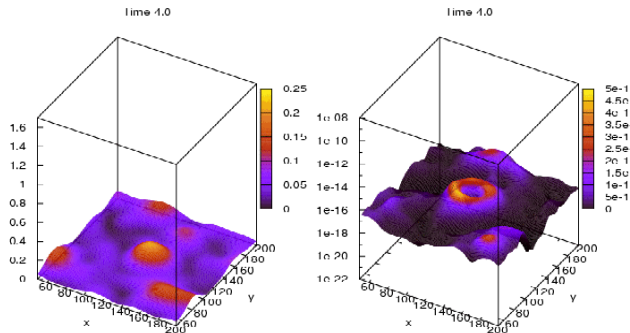
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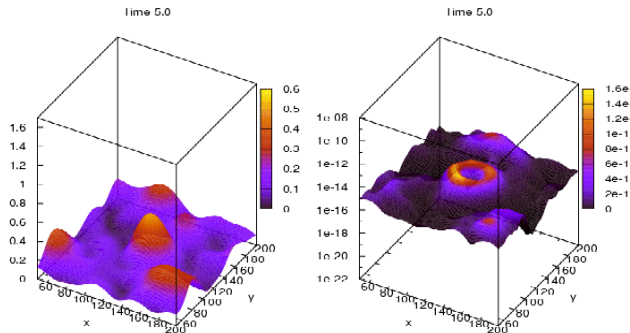
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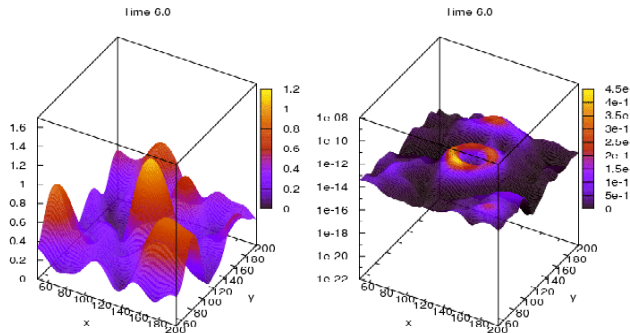
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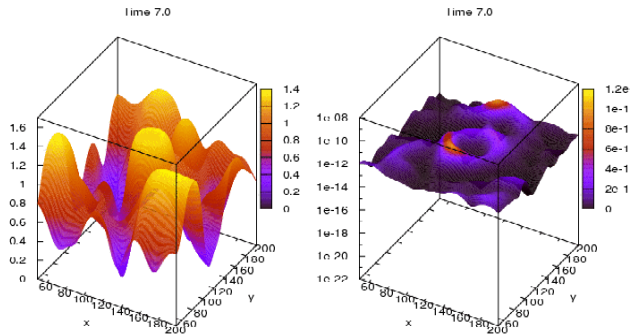
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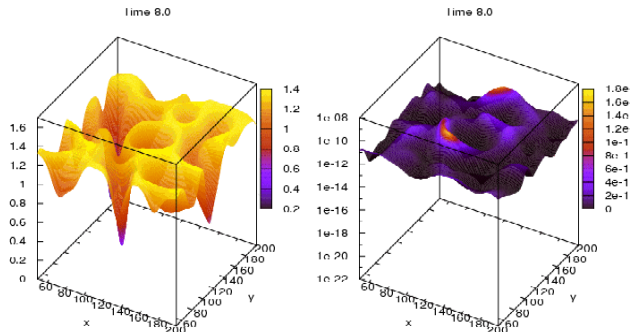
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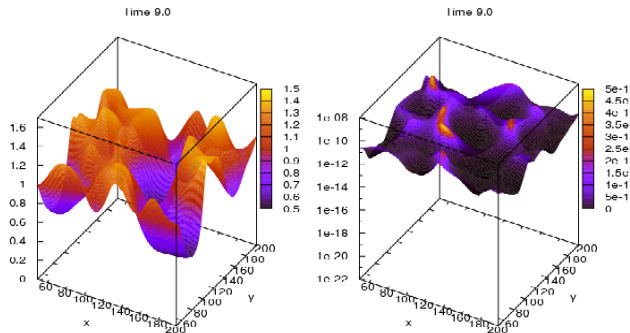
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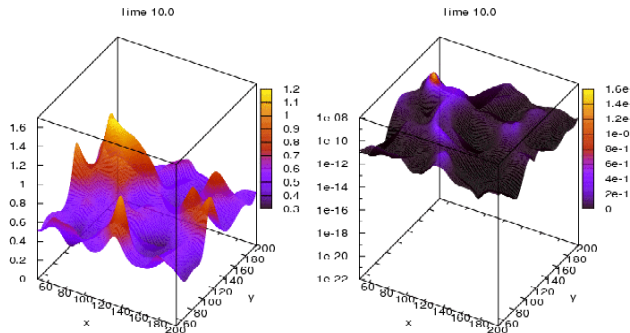
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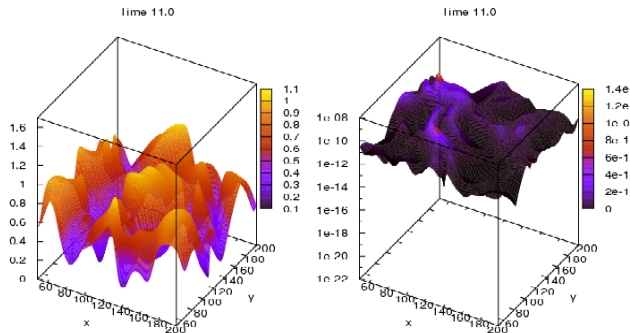
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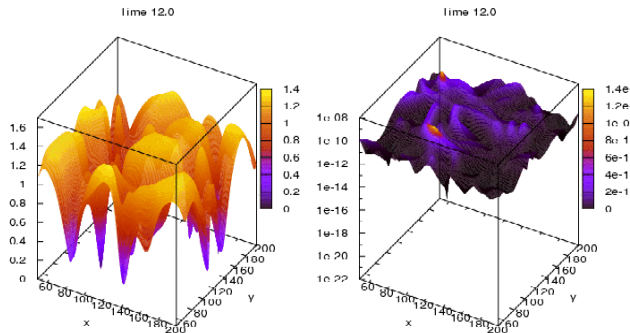
Bubble Nucleation and Collisions



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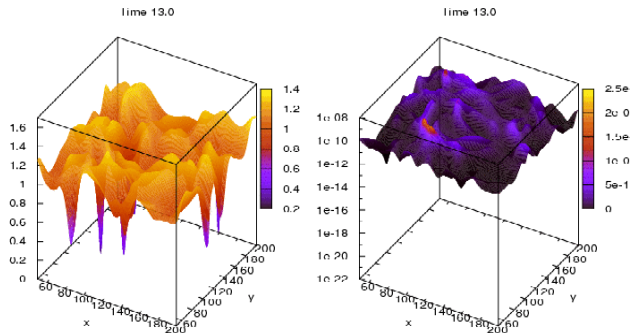
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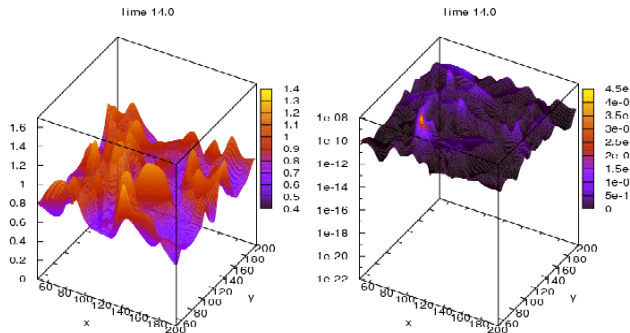
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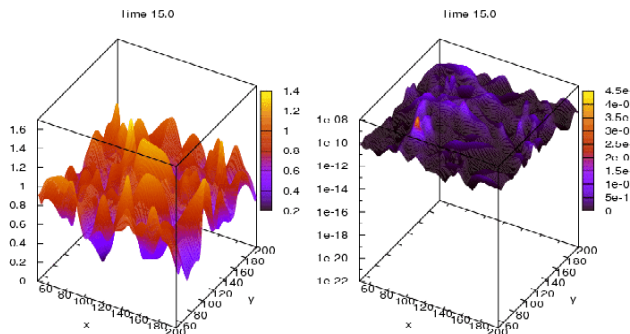
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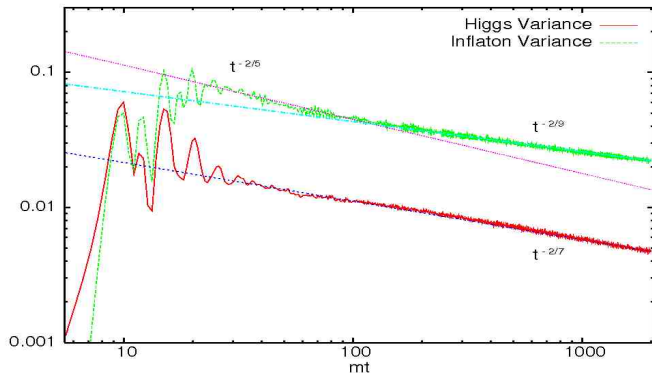
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Results for Hybrid Reheating (Part II)

$$g^2 = 2\lambda = .25, \quad v = 10^{-3}M_p, \quad V = .024(\phi_c\sqrt{\lambda}v)$$

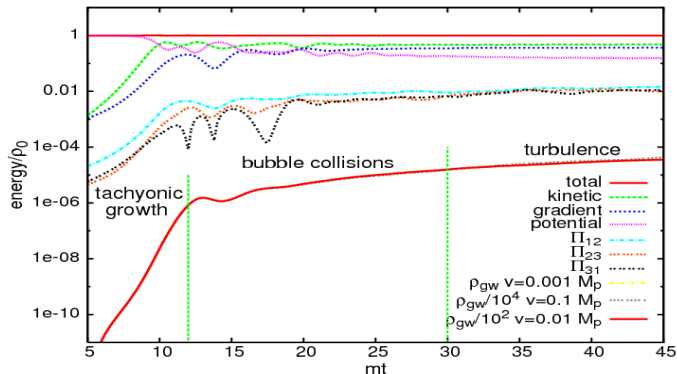
3 stages: **Exp. Instabilities** \rightarrow **Bubble Collisions** \rightarrow **Turbulence**



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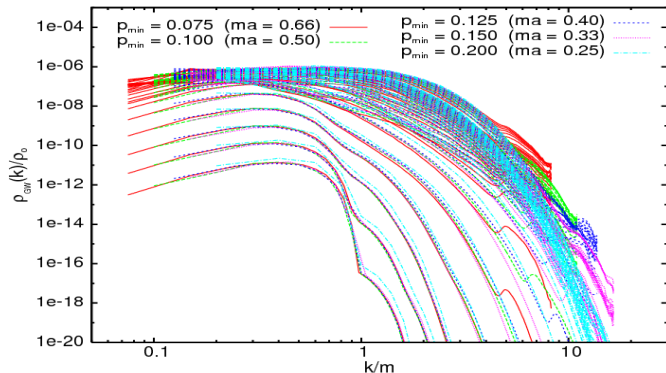
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Results for Hybrid Reheating (Part II)

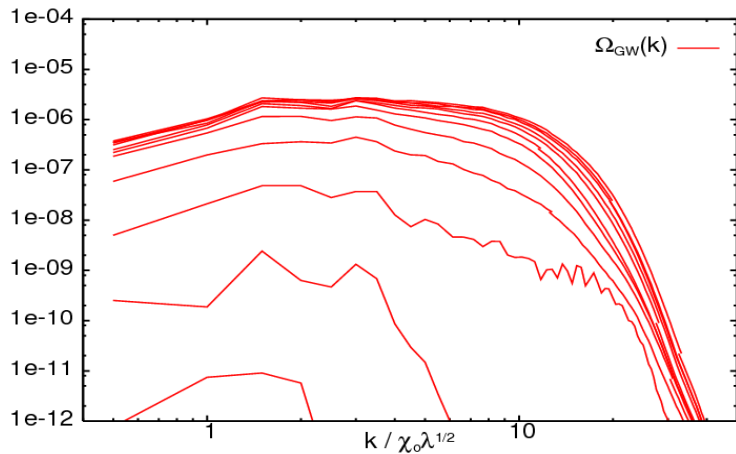
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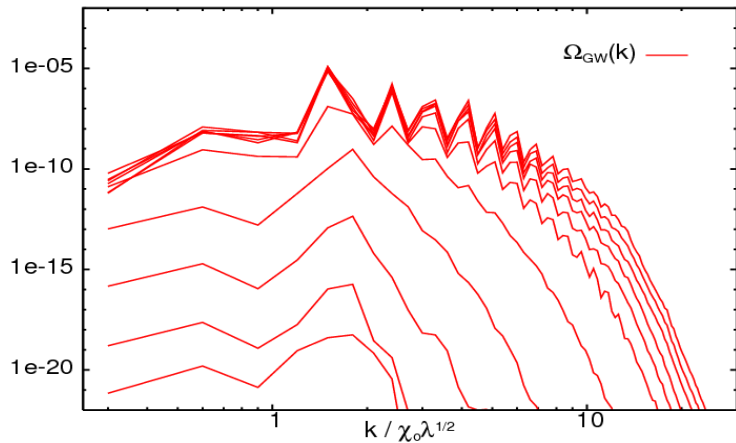
Results for Quartic Chaotic

$$\lambda = 10^{-14}, g^2/\lambda = 120 \quad (V = \frac{1}{4}\lambda\phi^4 + \frac{1}{2}g^2\phi^2\chi^2)$$

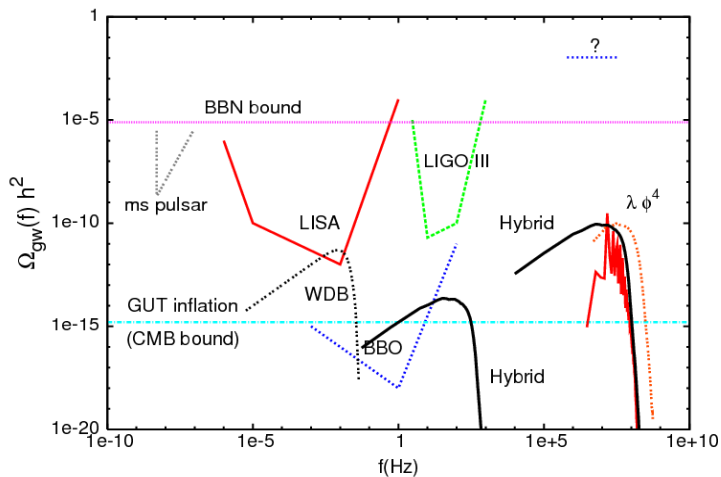


Results for Quartic Chaotic

$$\lambda = 10^{-14} \quad (V = \frac{1}{4}\lambda\phi^4)$$



Today's Signal (GW RedShifted)



CONCLUSIONS/NEXT STEPS

- 1 GW are Early Universe Ideal Probe: decoupled upon production \Rightarrow spectral signature retained till today \Rightarrow GWB: “photo“ of Early Universe $t < 1$ s (Disadvantage/Advantage).
- 2 GW from Reheating: Form, freq. Peak and Amplitude
 \rightarrow Specific Model of Inflation (Disadvantage/Advantage)
- 3 Scalar Reheating Models: GW (high amplitude, too high frequency)
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- 6 GW = $f(V_{I,g})$ ANALITICALLY

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